



Doing It The First Time

Being part of a family and going to school means you have responsibilities. Mom and dad ask you for help around the house or with brothers and sisters. Teachers assign homework so you learn your lessons.



Do you do what mom, dad, and teacher ask of you the first time they ask, or do you have to be told more than once to do you chores and homework?

Part of your martial art training is to listen, and to have the self-discipline to follow through with your responsibilities at home, in school, and at the dojo.

This week, each day, build the good habit of doing what is asked of you either before it is asked, or the first time it is asked. Write down what chore or homework you did. Mom and Dad can help.

Chore or Homework
1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

My name: _____

Date: _____

Parent: _____

Date: _____

Sensei: _____

Date: _____

For each assignment I complete on time, I will
earn a token good for 25¢ in the store!